

## NEWS RELEASE

### **TEN REASONS TO VISIT THE SALCOMBE AREA**

#### **Overbecks National Trust House and Gardens – [nationaltrust.org.uk](http://nationaltrust.org.uk)**

Established by eccentric scientist and inventor Otto Overbeck, who lived there from 1928 – 1937, the Edwardian Overbeck House and adjoining museum contains many of the former owner's curios, artefacts and collections. See the 'Rejuvenator' Otto's crazy invention for anti aging. View the seven acre grounds with their spectacular views of the sea and enjoy sub tropical planting in the micro climate including the Banana Garden.

#### **Ghosts - [www.salcombeinformation.co.uk](http://www.salcombeinformation.co.uk)**

Salcombe has its share of ghostly goings on! Overbecks House (see above) stages ghost hunting escapades for children. There are also organised ghost walks from nearby Hope Cove.

#### **South Devon Chilli Farm – [www.southdevonchillifarm.co.uk](http://www.southdevonchillifarm.co.uk)**

At neighbouring Kingsbridge, this unusual farm grows 10,000 chilli plants every year, much loved by celebrity chef Jamie Oliver. The farm also produces chilli based sauces, preserves and even chilli chocolate. The farm supplies many shops and delis locally and further afield. Visitors can wander among the spectacularly vibrant chilli plants and sample the produce.

#### **Messing About on Boats**

Salcombe is a centre for sailing and you can learn how to sail practically any water borne craft. Salcombe Dinghy Sailing – [www.salcombedinghysailing.co.uk](http://www.salcombedinghysailing.co.uk) and the Island Cruising Club – [www.icc-salcombe.co.uk](http://www.icc-salcombe.co.uk) have courses. Power boat tuition is available from Salcombe Powerboat School – [www.salcombepowerboats.co.uk](http://www.salcombepowerboats.co.uk) and Salcombe Rib Charter – [www.salcomberibcharter.com](http://www.salcomberibcharter.com)

#### **Salcombe Ice Cream – [www.salcombedairy.co.uk](http://www.salcombedairy.co.uk)**

Salcombe Dairy has been producing delicious ice cream for over 25 years. Available in a host of flavours it has been described as the 'creamiest chocolatiest' ice cream in the world, thanks to its ingredients of freshly produced local milk and Devon double cream. You can buy the ice cream in Fore Street and in local cafes and restaurants.

## **TEN REASONS TO VISIT THE SALCOMBE AREA/2**

### **Salcombe Regatta – [www.salcombeinformation.co.uk](http://www.salcombeinformation.co.uk)**

Held every August, as well as attracting hundreds of boats, the Regatta also features quirky events such as the sand castle competition, crab catching and for the first time this year Parachute Teddies. The children's race across the mud flats is also very popular.

### **Authentic Devon Cream Tea – [www.burtonfarmhouse.co.uk](http://www.burtonfarmhouse.co.uk)**

Burton Farm House at Galmpton is a 15<sup>th</sup> century working farm and B&B. The farm produces its own clotted cream using milk from its pedigree Holsten dairy herd. Enjoy delicious Devon cream teas or sample the owner's delicious cuisine. There are also walks around the farm's 325 acres allowing visitors to enjoy the wonderful sea views.

### **Coasteering – [www.mountainwaterexperience.co.uk](http://www.mountainwaterexperience.co.uk)**

Invented 20 years ago as an exciting new way to explore the coastline around Britain, coasteering is a thrilling combination of swimming, climbing and jumping. Equipment and expert tuition by qualified and experienced instructors is provided. You can go coasteering off Start Point. Mountain Water Experience is based near Kingsbridge.

### **The Red Arrows - [www.salcombeinformation.co.uk](http://www.salcombeinformation.co.uk)**

The famous RAF Aerobatic team will make a guest appearance at this year's Salcombe Regatta – 9<sup>th</sup> August 2009.

### **Salcombe Summer Sea School – [www.learntosea.co.uk](http://www.learntosea.co.uk)**

Go on a fascinating exploration of Salcombe's rock pools. See the beautiful plankton using a digital microscope and listen to the sounds with the underwater hydrophone.

Ends...

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**For further media information:**  
**Jean Binns, Salcombe Tourist Information Centre**  
**T: 01548 843927**  
**E: [info@salcombeinformation.co.uk](mailto:info@salcombeinformation.co.uk)**  
**[www.salcombeinformation.co.uk](http://www.salcombeinformation.co.uk)**